

General Waiver

Iron Therapy LLC:

Please Note: This waiver of liability, Release, Acknowledgement of Risk and Indemnification Agreement (“Waiver Agreement”) is intended to be, and is, legally binding. If any aspect of this Waiver Agreement requires clarification, have a Iron Therapy LLC employee fully explain it before signing. By signing the Iron Therapy LLC “Member Registration” you are agreeing to all the terms set forth in this Waiver Agreement. You and/or the person on whose behalf you are signing, are waiving the right to bring any type of action, whether in court or otherwise, to recover compensation or obtain any other remedy for any personal injuries, damages to property, any accident or incident of any type, or death, arising out of or related to your use of Iron Therapy LLC, its facilities, grounds, exercise areas, classes equipment, whether the use is supervised or unsupervised. While Iron Therapy LLC offers these activities in a controlled environment, there is still an assumed risk of injury to persons using Iron Therapy LLC’s facility. In agreeing to this Waiver Agreement, I hereby acknowledge, understand, and agree on my behalf, and upon behalf of the person for whom I am signing, that the use of Iron Therapy LLC facilities, equipment, classes, and/or participating in activities sponsored by Iron Therapy LLC, have inherent risks. These risks include, but are not limited to, any injury or damage resulting from:

Negligence of employees, volunteers, assistants, independent contractors of Iron Therapy LLC; misuse of the facility or equipment of Iron Therapy LLC; falling of or impacting against the equipment, impact surface, floors or anything else; cuts or abrasions resulting from any cause whatsoever; failure of the equipment, whether inside or outside; personal health problems, whether mental or physical; negligence of other members, visitors, or guests; and/or negligence or lack of adequate training of any person(s) who seek to assist with medical or other help before or after any injury or damage may occur.

1. In consideration of being allowed to participate in the activities an programs of Iron Therapy LLC, and to use its facilities, equipment, and machinery in addition to the payment of any fee or charge, I, for myself, my heirs and assigns, hereby waive, release, and forever discharge Iron Therapy LLC and their officers, agents, employees, representatives, executors and all others from any and all, responsibilities or liability from injury or damages resulting from my participation in any activities or my use of equipment, classes, or machinery in the above mentioned activities. I do hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in any activities of Iron Therapy LLC or the use of any equipment of Iron Therapy LLC. _____ (initial)
2. I understand and am aware that fitness, including the use of the equipment, are all potentially hazardous activities. I also understand that fitness activities involve a risk of injury or even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby to expressly assume and accept any and all risks of injury or death. _____ (initial)
3. I do hereby declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment, or machinery except as herein stated. I acknowledge that I have either had a physical examination and been given my physician’s permission to participate, or that I have decided to participate, in

the activity of, fitness, and the use of the equipment and machinery without the approval of my physician and do hereby assume all responsibility for my participation and activities, and he utilization of equipment and machinery in my activities. _____ (initial)

Print Name: _____

Signature: _____

Date: _____

PHONE NUMBER: _____

Parent or Guardian must sign below

Agreement and Release of Liability

In consideration of having Iron Therapy LLC allow my child _____, who is under the age of 18 to participate in the activities and programs of Iron THerapy LLC, including but not limited to Iron Therapy LLC, and use of any equipment, I hereby for my child's heirs, executors, administrators, and or assigns, waive and release any and all rights and claims of any nature my child may have against Iron Therapy LLC, its officers, employees, agents, chapters, assignees, licenses, and cooperating entities, their representatives, heirs, executors, administrators, successors, and assigns for and against any and all injuries or damagess of any nature my child may suffer while taking part in any activities connected with Iron Therapy LLC. This release and consent shall be binding upon my child's heirs, executors, administrators, and/or assigns. _____ (initial)

Parent/Guardian signature: _____

I hereby give permission for images of my child, captured during regular and special activities through video, camera, and digital camera to be used solely for the purposes Iron Therapy LLC's promotional material, publications, and website, and waive any rights compensation or ownership therto. Last names of minors will not be given or posted on the website or social media.

Name of Minor: _____

Name of Parent/Guardian: _____

Signature: _____ Date: _____